

CM Biren inaugurates Wangkhei Eye Hospital Oxygen plants and ICU beds have been installed at all districts - Chief Minister

IT News
Imphal, Dec 4:

Chief Minister N. Biren Singh today inaugurated the Wangkhei Eye Hospital, Wangkhei Andro Parking, Imphal East.

Addressing the function as the Chief Guest, the Chief Minister explained the need for infrastructure and manpower and said we saw this during the recent COVID Pandemic. We managed to overcome the pandemic collectively and unitedly, he added.

Acknowledging the importance of infrastructure and manpower, the government is encouraging both private, government and PPP models, and taking up development of infrastructure through government as well as PPP model, N. Biren Singh said, further highlighting institutes like the Churachandpur Medical College, private medical college under Shija and increment of MBBS seats at JNIMS.

We are also developing infrastructure, he said, adding that completion of the ongoing construction of Cancer hospital at JNIMS was targeted by December, however due to the rains it may be opened by February. OPD has



already been started there, he added.

The Chief Minister also highlighted other infrastructure developments and said Oxygen plants and ICU beds have been installed at all districts, 24x7 solar power supplied at three districts (hospitals) in Churachandpur, Chandel and Tamenglong.

Stating that health is everything, the Chief Minister stressed that the Chief Minister's Health for All was implemented and launched so that regular health check up could be taken to the people

at their homes.

He elaborated that the benefit of the scheme is that now we can identify ailments at an early stage before it becomes chronic. We should always remember that prevention is better cure, he added.

The Chief Minister further said that improvement of healthcare doesn't mean improving only hospitals, but strengthening manpower and improving infrastructures are also part of improving healthcare.

Eye-care is also very important, he said and further

lauded private individuals who come out for the service of the people.

To the people of the State, the Chief Minister said that we can reach the top of any field if we are united and cooperative. We have the talents, killing instinct, potential and calibre to reach the very top, he added.

Determination and conviction bring success in any field and we cannot reach our goal without struggle, he said. Today, Manipur is also moving forward with the blessings of the people, he added.

contd. on page 4

Observation of "Swachhata Pakhwada" under Swachh Bharat Mission

IT News
Imphal, Dec 4:

The 'Swachhata Pakhwada' is being observed by 69 bn CRPF under the aegis of IGP Manipur and Nagaland sector and led by Bajrang Lal commandant 69 Bn. CRPF with focused participation of all officers and personnel of the battalion along with enthusiastic support of the local populace and students to promote the event to make the country neat and clean.

The battalion also strives to achieve cleanliness, sanitation and hygiene in the nearby schools and religious institutions.

Swachhata Pakhwada 2022 from 1st to 15th December 2022 is organized in 69 Bn. as well as all establishments of CAPF, which will be focused on cleanliness, community awareness, lecture by the officers to encourage Jawans and locals and placing hoardings at prominent places to spread

awareness about cleanliness as well as road march in nearby area. Under this directive, 69 Bn CRPF is enthusiastically organising various activities for the realisation of the programme. Children and youth are the real 'CHANGE MAKER' of the future & hence they must be Empowered, Enriched & adequately Encouraged whenever there is any initiative towards creating any kind of awareness on any issue. Realising the

significance of this important social obligation, the battalion celebrated Swachhata Pakhwada with the children and youth and organized a cleanliness drive in the nearby Kali Mandir, Lamlongei Primary School & Community Hall.

The youth and the children were awarded with appreciation certificates by the Commandant 69 Bn CRPF for their enthusiastic and voluntary participation in the event.

Centre to convene all-party meet Monday to finalise strategies for 2023 G-20 Summit

Agency
New Delhi, Dec 4:

The Centre will convene an all-party meeting on Monday to solicit suggestions, discuss and finalise strategies for the G-20 summit which India will host in September next year.

Presidents of nearly 40 parties have been invited to the meeting by Parliamentary Affairs Minister Pralhad Joshi where Prime Minister Narendra Modi will be present. External Affairs Minister S Jaishankar is also likely to attend the meeting at the Rashtrapati Bhavan.

India officially assumed the G20 Presidency on December 1. New Delhi is expected to host over 200 meetings across the country, including Hyderabad, beginning in December this year.

The next G20 Leaders' Summit at the level of heads of state or government is scheduled to be held on September 9 and 10 next year in New Delhi. Several G20 meetings will be held in various parts of the country.

West Bengal Chief Minister and Trinamool Congress president Mamata Banerjee, who will arrive in Delhi later on Sunday, will be part of the all-party meeting.

Banerjee, however, said she would be participating in the meeting in the capacity

of Trinamool Congress chairperson, and not as West Bengal chief minister.

Indonesia had earlier this month handed over the G20 presidency to India for the coming year at the Bali summit with Prime Minister Modi terming it a matter of pride for every Indian citizen.

G20 or Group of 20 is an intergovernmental forum of the world's major developed and developing economies.

It comprises Argentina, Australia, Brazil, Canada, China, France, Germany, India, Indonesia, Italy, Japan, the Republic of Korea, Mexico, Russia, Saudi Arabia, South Africa, Turkey, the UK, the US and the European Union (EU).

Macha Leima elects new office bearers



IT News
Imphal, Dec 4:

Manipuri chanura Leisham Marup (Macha Leima) in its 27th Annual General Body Meeting elected its new office bearers for the term 2022-2025.

Wangkheimayum Amusana were elected President, Thongam Nonibala were Vice-president, Rani Ningombam were General Secretary, Nameirakpam Serowna were Assistant General Secretary, Khangembam Chanu Lanchenbi were Treasurer and

Linthoi Kongbam and Kshetrimayum Pinky were executive members respectively.

The 27th General Body preside by Phanjaoabam Babita Ex-President Macha Leima and Founder members of Macha Leima were also attended.

While Manipur Government Claims a Clean Imphal, the National Green Tribunal Directs State to Pay Rs. 200 Crore as Environmental Compensation



By: Rajkumar Bobichand
Imphal, Dec 4:

While Manipur Government many a time talks of a clean Imphal with projects and programmes of Imphal smart city including river rejuvenation projects, the National Green Tribunal (NGT) has directed the Manipur Govern-

ment to pay Rs 200 crore as environmental compensation for improper management of solid and liquid wastes.

Earlier while speaking at the inauguration of the fifth waste compactor machine of Imphal Municipal Corporation (IMC) office as a part of clean Imphal City campaign on July 6, 2022 the MAHUD Minister Yumnam Khemchand said the state government is planning to set up a solid waste management unit for each district in Manipur.

The deputy commissioner of Imphal East has been asked to locate a place to set up the plant. Minister Khemchand said that around 14-15 loads of waste that a mini truck collected could be fitted

at one waste compactor machine.

There are three waste compactor machines already at Keishamthong, Singjamei and Wangkhei and the issue concerning the collection of wastes could be solved with the help of these machines, he said.

However, the actions taken up by Manipur Government's different departments of Urban Development, Rural Development, Environment and Forest, Agriculture, Water Resources, Fisheries and Industries are not satisfied by the National Green Tribunal.

Since the State Government does not comply with the earlier order(s) satisfactorily, the National Green Tribunal

has directed the Manipur Government to pay Rs 200 crore as environmental compensation for improper management of solid and liquid wastes.

A bench headed by Chairperson Justice Adarsh Kumar Goel said remedial action cannot wait for an indefinite period, nor loose-ended timelines without accountability can be a solution, reports say.

It said the responsibility of the state is to have a comprehensive time-bound plan with tied-up resources to control pollution.

The bench, also comprising Justice Sudhir Agarwal and expert member A Senthil Vel, said it is high time the

state realised its duty to the law and to citizens and adopts further monitoring at its own level.

Compliance of environmental norms on the subject of waste management has to be on high on priority, the bench said.

The National Green Tribunal said the first change required is to set up a centralised single window mechanism for planning, capacity building and monitoring of waste management at the state level.

It should be headed by an officer of the rank of Additional Chief Secretary with representation from the departments of Urban Development, Rural Development, En-

vironment and Forest, Agriculture, Water Resources, Fisheries and Industries, the tribunal said.

Fixing accountability of the state authorities for the gap in sewage generation and treatment along with the gap in solid waste management, the National Green Tribunal said: "We levy compensation of Rs 200 crores on the state on the polluter pays principle for its failure in scientifically managing the liquid and solid waste."

The amount may be kept in a ring-fenced account to be operated as per directions of the Chief Secretary, the tribunal added.

The funds available for solid waste management can

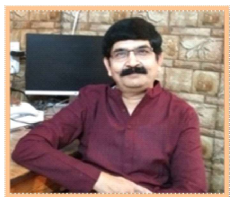
be utilised for setting up solid waste processing facilities, remediation of legacy waste and setting up of sewage treatment plants (STPs) and Faecal Sludge Treatment Plant (FSTPs), the bench of the National Green Tribunal said.

Moreover, there are better alternatives to utilise the wet waste for composting at appropriate locations and the scale of expenditure for STPs may be reviewed in the light of realistic expenses involved in decentralised or traditional systems, the bench added.

The National Green Tribunal also directed six monthly progress reports with verifiable progress to be filed by the Chief Secretary before it.

contd. on page 4

Spreading disability awareness



By: Vinod Chandrashekhar Dixit

3rd December is observed as The International day of Persons with Disabilities. The day aims to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities. Additionally, it also aims to raise awareness of the situations of persons with disabilities in all aspects of political, social, economic and cultural life. Disability is one of the most important issues in the contemporary society. In 2006, the Convention on the Rights of Persons with Disabilities (CRPD) was also adopted. It aims at working towards creating equal opportunities for persons with disabilities through the implementation of the 2030 agenda for sustainable development. Disabled people are people who have mental or physical limitation so they depend on someone to support them in doing their daily life needs and jobs. Although disabled people are a minority and they are normally ignored, they are still a part of the society. Disability is somehow an obstacle in every disabled person's life. It is considered as a physical or mental condition that limits a person's movements, senses or activities. Modern societies have recognized the problems faced by these individuals and passed laws that ease their interactions. It is not common to find such immense willpower in the general population. Therefore, disability leads to a tough life owing to its emotional demands on its subjects. Each type of disability needs different kind of support and assistance. But the most important thing is the positive attitude and self-confidence. If a disabled person has these two qualities, no disability can stop him from achieving success in life.

According to WHO "More than 1 billion people experience disability, and this figure is predicted to rise, due in part to population ageing and an increase in the prevalence of non-communicable diseases." Having a disability should not mean being excluded. More than a billion people worldwide have some form of disability, many children. Whether affected by the disease, landmines, or other injuries, children with disabilities in developing countries often find themselves isolated, alone, and with little hope. The statistics show that the proportion of disabled people in the world rose from 10 percent in the seventies of the last century to 15 percent so far. The number of handicapped exceeds a billion people all over the world, occupied about 15 percent of the world's population. Nevertheless, today, the problem of people with disabilities and their discrimination persists because many biases and prejudices are resilient. In this regard, education is particularly vulnerable to the problem of the integration of students with disabilities into the learning process. Disability is the complex notion that involves limited opportunities and special needs of people but it does not mean the inferiority of individuals compared to those, who do not have disability. It does not matter whether the individuals is handsome or talented, like Tom Cruise. At the end of the day, he will always be a disabled man. This attitude obscures one's accomplishments and may even discourage some people from accomplishing anything. It is a shame that people do not care about the capabilities of the disabled persons. For a long time, the disabled people have been labelled as "deviant" or "other."

It is to be remembered that a man can achieve whatever he wishes to. If he wills, he sets aside all physical, psychological and mental disabilities provided with strong reason, commitment and resolve. Disability can never be an obstacle to success if one stands against it. Let's ensure divyangjans are able to access health care, education, employment opportunities and participate fully in the society.

Preparation Tips for JEE Main Repeaters



By: Vijay GarG

There are several reasons for dropping a year to prepare for JEE. The reasons may vary for all like not getting the desired IIT field/rank, not qualifying for the exam, etc. But one thing remains the same – the hunger for IIT. The mere reason that one drops is evident enough of one's passion. Since there are only 2 attempts for JEE advanced and 3 attempts for JEE Main, this is the time to devote your everything to crack the above exams.

Last year, the National Testing Agency (NTA) conducted the exam in two sessions – the 1st session was held in the month of June and the 2nd session was held in the month of July. The NTA is yet to announce the exact dates and numbers of attempts for the academic session 2023-24.

If we assume the session will be as per the last year, then you have a few months left to prepare for the first session of the exam, and it is important to utilize the time in the best way.

So, if you are repeating a year to crack JEE Main, this article is just the thing you need. Here are our top tips to crack JEE Main exam for repeaters.

It might be disheartening for some students to drop a year to prepare for JEE Main while their peers might be getting into the IITs that they desire. This can lead to severe anxiety issues in students seeing the competition around. But remember all this is only getting you nearer to your dream and in the end, it will be worth it.

Also, around 60% of students appearing in JEE Main are repeaters, so what you've done is not uncommon. One thing you must do to overcome your anxiety is to stop comparing yourself to other students who you think have made it. Your only competition is you.

contd. on page 3

Without wildlife we will no longer exist



By: N. Munal Meitei

World Wildlife Conservation Day is observed on 4th December as initiated by Hillary Clinton since 2012. This day spread awareness about preserving Earth's endangered flora and fauna and their survival. The 4th December is also International Cheetah Day and recently India got 8 Cheetahs, 5 females and 3 males at Kono N.P. from Namibia after 70 years of our extinction. Today, the most invasive species on earth is the humans, causing irreparable damages to the wildlife and ecosystem.

Poaching diminishes the local economies of the wildlife tourism, enhances the corruption and intimidates the law enforcement agencies and challenges to the wildlife staffs. Consumption of wildlife is the cause of the pandemics like COVID-19, Ebola, Swine Flu and Bird flu etc.

Human interference in world's natural ecosystem has been ongoing for centuries. In the modern world, as humans traveled and settled in different parts, they started to clear the forests and wildlife populations started to decline.

Although, governments across the world are trying their best to stop the illegal wildlife trade, they

are not succeeding. This will not only affect the wildlife but also the lives of millions of people who live within or vicinity to the areas.

As of now, there are 41,415 species on IUCN red list and 16,306 of them are extremely endangered. In the last 500 years, human activity has forced 869 species to extinction. Javan Rhinos are the most critically endangered species - only 67 of them remain now. Indonesia, China and India are among the countries with the most threatened mammals and bird species. In a shocking survey, it is found that the wildlife population size dropped by 68% between 1970 and 2020.

In an ecosystem, if any link in the food chain breaks, it causes ripples far and wide. Overhunting, overfishing and deforestation are all culprits, but none of these are beyond our control. By celebrating this day, we can send a message that these human activities can't go unchecked.

Wildlife conservation is an integral part of creating a sustainable world. Ensuring earth remains as a thriving and breathing planet, we must take care of everything in it. The loss of a species can lead to changes in an environment, which can directly affect the whole living beings around. Experts estimate that about 200 species become extinct for every 24 hours - more than 1000 times the natural rate of extinction.

India is facing with acute challenges in wildlife conservation but still trying to protect the critical species and eco-regions from many challenges. There are many animals and plants in our forests and around. Due to this wildlife, our en-

vironmental balance is preserved intact. Any harm to the wilderness can pose a threat to the entire ecosystem.

India owns 7.8% of the recorded species of biodiversity reserved in the planet. More than 500 species of mammals, 1220 species of birds, 1600 species of reptiles and amphibians populate in this subcontinent. India owns 80% of the world's wild tiger population, 60% of Asian elephants, 80% of the one-horned rhinoceros and the entire remaining population of the Asiatic lions. But our rich wildlife brings itself with several threats as well.

Manipur recorded with 1200 species of plants and animals always fascinate us. These species comprises of 1200 medicinal plants, 500 orchids, 52 edible fruits, 55 species of bamboo, 75 each of woody plants besides 695 birds, 21 migratory birds, 160 species of fishes including 29 in ornamental forms and many more big animals. The state supports nearly 40% of the total flowering plants recorded in India, out of which 31.58% are endemic. But the region is suffering from the acute environmental degradation and social problems, threatening to the permanent loss of our flora and fauna. We may not bring back our once abundant rare animals but we could save at least our Sangai.

The animals and plants that live in the wild have an intrinsic value. Wildlife preservation is a management for the human progress. A symbiotic relationship exists between the forests, wildlife, ecosystem services and the people. These spaces are not only their economic resources, but their cultural identities.

This day is an opportunity to

remind the varied forms of wild fauna and flora and to raise awareness of the multitude of benefits that their conservation provides to mankind. It also remind us of the urgent need to step up the fight against wildlife crime, the fourth largest crime estimated to cost between Rs. 560 and Rs. 800 billion a year.

It is the need of the hour to aware about the causes threatening the staggering wildlife. It is also necessary to understand that humans are not the only species that have the right to live on this earth and her resources. With rapid urbanization, decreasing forest covers, irregular seasonal changes and forest fires, our wildlife is threatened like never before with different plaguing to cohabitants such as man-wildlife conflict.

The children and youth are the future of wildlife conservation to live in harmony and share the planet with us. A trip with students can easily get the learning about the wildlife conservation and maintenance. They must understand the important aspects of the wildlife in their own life. In this way we would be able to change the entire mindsets towards the wildlife conservation on this day.

So, it's time to act and work together to preserve and protect wildlife, the most beautiful gift of God. Future of wild life conservation depends upon the action and values of people. Although mankind is responsible for the endangerment and extinction of our wildlife, the fact that good-hearted humans can work together to protect our wildlife and we need to start right now for a lesson. Tomorrow may be too late.

(The author is a Environmentalist, email- nmunal@yahoo.in)

Women 20 (W20) Engagement Group G20 India: Calling for an Equal and Equitable Society for Women

By: Dr. Sandhya Purecha, & Dharitri Patnaik

advance gender equality. As a group, we strive to establish a stronger W20 global and national network, ensuring continuity of the W20 agenda between presidencies.

During India's G20 Presidency, the W20 will focus on four priority areas:

- Building Leadership of Women at the Grassroots
- Women Entrepreneurship
- Bridging the Digital Gender Divide
- Creating Pathways through Education and Skill Development

To highlight these priorities, W20's strategy will encompass the 4C approach – Collaborate, Cooperate, Communicate and Build Consensus, and Call for Action. We will include, involve, and engage various stakeholders concerned with women's issues.

Stakeholders: Our primary stakeholders are women at the grassroots – including those in tribal, rural, and urban areas, as well as women in agriculture, the informal sector, women artisans and those working in handloom and handicrafts, female entrepreneurs, Anganwadi workers, and PRIs, among others. W20 will also work closely with academic and research institutions for our student outreach programs, as well as develop knowledge products like white papers, policy briefs and research papers. International and national women's civil society forums, local NGOs, UN agencies, ILO, chambers of commerce etc. will also be involved, making W20 an inclusive and diverse platform for discussion.

Jan Andolan & Jan Jagriti: Galli to Delhi - Through series of meetings and events, spanning villages and capital cities, W20 will ensure the participation of women from all walks of life. Village choupal meetings will

be organised to spread awareness about W20 and get citizen voices ingrained in the engagement group's policy briefs and communicate. Meetings at gram sabha levels will be carried out, with the aim to pass resolutions that ensure an enabling environment at the village level. Further, postcard campaigns will be carried out throughout the country in support of W20 priority areas, that will in-turn influence policymakers and policy outcomes.

In addition, four large world-class events with international delegates will be held showcasing India's rich culture and heritage. These will include performances of classical dances, as well as anandholom and handicraftsmelafaturing nano-entrepreneurs and local cuisine. The 1st meeting will be held in Aurangabad from 13-15 February 2023.

Women Entrepreneurship: The W20 agenda recognizes the importance of entrepreneurship and decent work, specifically in Goal 8.3 (SDG) that states – "Promote development-oriented policies that support productive activities, decent job creation, entrepreneurship, creativity and innovation, and encourage the formalization and growth of micro-, small- and medium-sized enterprises, including through access to financial services." W20 will conduct dialogues and consultations with entrepreneurs, startup unicorns, nano- and micro-entrepreneurs and highlight their recommendations.

Global Consensus Building: Women's economic empowerment is one of the world's most promising areas of investment, biggest emerging markets, talent pools, and demographic dividends to be tapped. W20 will work towards building global consensus on women's economic empowerment as a force mul-

tiplier for good governance, economic growth, poverty and hunger eradication, achieving food security and nutrition for all, sustainable consumption and production patterns, prioritizing environmental sustainability, and overall SDG achievement.

As a universal call to action for all stakeholders, including in business, government, women and civil society, the W20 Agenda articulates priorities for joint efforts, so that all women including women from marginalized sections, can share the benefits of economic growth and development, with no one left behind.

W20 will focus on the G20 and W20 Troika and ensure continuity of W20 priorities and work.

Role Models and Women Trailblazers: Women have contributed richly to the achievements of science, technology, engineering and many more. W20 will acknowledge the role models who can inspire women to achieve.

Transformational schemes and practices of government and civil society: Analysing government schemes to understand models of governance that have worked for women is one of the key priorities for W20. For example, of the Ladli Laxmi Yojna in Madhya Pradesh, can be used as a case-study to showcase good practices by government and civil society.

Dr. Sandhya Purecha leads the W20 engagement group as Chairwoman with eminent women as India delegates/participants that include Dr. Jyoti Kiran Shukla, Prof Shamika Ravi, Ms. Bharati Ghosh, Raveena Tandon, and Dharitri Patnaik as the Chief Coordinator of the W20 Secretariat (FICCI FLO). AMUL is the engagement group's institutional partner.

Letters, Feedback and Suggestions to 'Imphal Times'

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Navy to open all branches for women from next year: Navy Chief

Agency
New Delhi, Dec 4:

The Indian Navy is looking at opening all its branches for women from next year, Chief of Naval Staff Admiral R Hari Kumar said on Saturday.

Addressing a press conference a day ahead of the Navy Day, Admiral Kumar also said that the first batch of around 3,000 'Agniveers' has been inducted and it included 341 women.

In December last year, Navy officials said 28 women officers were deployed on board around 15 frontline warships, including aircraft carrier INS Vikramaditya, and the number is set to go up.

"The first batch of Agniveers have already reported. About 3,000 Agniveers have joined out of which 341 are women. This is a landmark event for us because for the first time, the Navy is inducting women sailors. We have been inducting women officers for about the last 16-17 years, but this is for the first



Chief of Naval Staff Admiral R Hari Kumar

time that we are inducting women sailors," Admiral Kumar said.

He said the Navy will open all its branches to women officers from next year.

"Come next year, we are looking at women officers being inducted across all branches and not just seven or eight branches that they are restricted to as of today. Next year onwards, all branches will be opened for women officers as well," the Navy Chief said.

The Navy celebrates De-

cember 4 as Navy Day to commemorate its daring attack on the Karachi harbour and its decisive victory in the 1971 Indo-Pak war.

"It has been our effort to constantly query and challenge the 'status-quo' to ensure that the Navy remains on an aspirational and dynamic trajectory into the future," the Chief of Naval Staff said.

He said that while the past year has been "operationally busy and satisfying" for the Navy, it has also been trans-

formational in many ways.

"The most notable aspect was commissioning of India's first indigenous aircraft carrier INS Vikrant on September 2. Without a doubt, it was a seminal event in the history of the nation and the Navy," he said.

He said INS Vikrant's commissioning was a manifestation of sustained efforts of generations of naval leadership, planners, designers, yard workers and industry partners.

"The ship will remain the torch bearer of Atma Nirbhar Bharat, inspiring our future generations towards self-reliance," Admiral Kumar said.

He said that at the same time, Vikrant's commissioning was also marked by another momentous change, as the Navy adopted a new Naval Ensign.

"This change, reflecting the larger National intent to shed colonial vestiges, was brought about in a swift and decisive manner reflecting the Navy's organisational agility and responsiveness," the Navy Chief said.

India logs 226 fresh Covid-19 cases, one death in 24 hours

Agency
New Delhi, Dec 4:

India has logged 226 new Covid infections in a day taking the tally of cases to 4.46 crore while active caseload has declined by 68 to reach 4,529, according to the Union Health Ministry data updated on Sunday.

The death toll has climbed to 5,30,6278 with one fatality being reported from Odisha, data updated at 8 am stated.

In India, the active cases

comprise 0.01 per cent of the total infections, while the national Covid-19 recovery rate has increased to 98.80 per cent, according to the health ministry website.

The number of people who have recuperated from the disease surged to 4,41,38,235, while the case fatality rate was recorded at 1.19 per cent. According to the ministry's website, 219.93 crore doses of Covid vaccine have been administered in the country so far under the nationwide Covid-19 vacci-

nation drive.

India's Covid-19 tally crossed the 20-lakh mark on August 7, 2020, 30 lakh on August 23, 40 lakh on September 5 and 50 lakh on September 16. It went past 60 lakh on September 28, 70 lakh on October 11, crossed 80 lakh on October 29, 90 lakh on November 20 and surpassed the one crore mark on December 19.

India crossed the grim milestone of two crore Covid cases on May 4, three crore on June 23 last year and four crore on January 25 this year.

Act East Policy to boost NE India's ties with ASEAN countries: Mizoram Guv

Agency
Aizawl, Dec 4:

Mizoram Governor Hari Babu Kambhampati said on Saturday that implementation of India's Act East Policy will improve the relations of the northeast region with the ASEAN countries.

Highlighting the Kaladan Multi Modal Transit Transport Project (KMMTTP) being implemented in Myanmar by India's External Affairs Ministry, the Governor, while addressing the first International

Silchar-Sylhet Festival, said that this project, once completed, would open the door of business for the northeast through Mizoram.

He also suggested that Bangladesh will be an important player in this corridor.

The festival has been organised by the India Foundation, in association with partners from Bangladesh.

The Governor said that the Sylhet region of Bangladesh and Silchar has had a long connection.

The twin cities of Sylhet and

Silchar in particular have a strong historical and cultural connection and on both sides of the border, initiatives have been taken to revive age-old ties.

"In today's highly globalised world, it is imperative to maintain good diplomatic relations for mutual growth and development. It is my wish that this festival is the first of many more to come, and that its success will be for the mutual betterment of Silchar and Sylhet, as well as India and Bangladesh," the Governor said.

Congress to hold crucial three-day plenary session in February 2023

Agency
New Delhi, Dec 4:

The Congress's 85th plenary session will be held in Chhattisgarh's Raipur in the second half of February next year. The decision was taken on Sunday after a meeting of the party's steering committee.

The steering committee was formed in place of the working committee, the highest decision-making body of the party, after Mallikarjun Kharge took charge as the new Congress chief in October.

The meeting held discussions on two major topics - AICC plenary session and Bharat Jodo Yatra.

A statement issued by the steering committee read, "The Committee noted the overwhelming success of the Bharat Jodo Yatra and the wide participation of lakhs of people. The Yatra listens to and speaks with people from all



sections of society every day, especially youth, women, farmers and the working class, directly communicating its message of equality, fraternity and harmony. It is the same message which India's spiritual leaders and social reformers preached, the leaders of our freedom struggle under Mahatma Gandhi fought for, and

our Constitution upholds."

Furthermore, General Secretary of AICC, KC Venugopal, "We have decided to hold a massive campaign - From January 26 onwards - Haath Se Haath Jodo. In this campaign, a block-level Yatra covering all gram panchayats and booths will be carried out."

Congress president

Kharge, former party chief Sonia Gandhi, Rajasthan Chief Minister Ashok Gehlot, his Chhattisgarh counterpart Bhupesh Baghel, senior leaders P Chidambaram, Anand Sharma, Meira Kumar and Ambika Soni were among those who attended the steering committee meeting at the AICC headquarters in New Delhi.

NASA astronauts successfully install solar array on space station

Agency
New Delhi, Dec 4:

The US Space agency NASA has released a video of a spacewalk at the International Space Station (ISS). Josh Cassada and Frank Rubio were the two American astronauts who were tasked with installing two new solar arrays - a collection of solar panels - in an operation that took seven hours and five minutes.

The array was delivered by Space X's Dragon cargo craft on 27 November and will provide the ISS with up to 30% more power, generating a to-

tal of 120,000 watts of energy during orbital daytime, according to NASA.

NASA uploaded the video on Twitter and wrote, "Can we fix it? Yes, we can. Astronauts Josh Cassada and Frank Rubio have successfully installed Roll-Out Solar Array on the starboard truss structure of the @Space Station. They have also disconnected a cable allowing restoring a power channel to 75% of its operating capacity."

Astronauts ended their spacewalk around 12:51 am today after successfully installing a new roll-out solar

array on the station.

NASA said it was the 256th spacewalk in support of space station assembly, upgrades, and maintenance, and was the second spacewalk for both astronauts. Cassada and Rubio are in the midst of a planned six-month science mission living and working aboard the microgravity laboratory to advance scientific knowledge and demonstrate new technologies for future human and robotic exploration missions, including lunar missions through NASA's Artemis.

Contd. from Page 2

Preparation Tips for JEE Main.....

Assess your previous attempt(s)

It is very important to learn from your mistakes. Mistakes make you focus more if you are serious to learn. Correct the mistakes that you have done in your previous attempt, and consult your teachers/mentors, coaching as well as your seniors. Pen down your concerns and doubts in all subjects and take corrective action. Your previous attempt(s) will give you a lot of clarity about your preparation. Analyze your performance closely and assess your mistakes to identify what needs to be avoided in your next attempt and what needs more focus. Thus, you will find that your preparation has become much simpler and sorted.

Acquire good study habits

Quality over quantity applies everywhere but in studying, this is the best way to go, because two hours of effective study equals four hours of dis-

tracted study. So, you should acquire productive study habits.

One of the most productive study habits is the Pomodoro technique which means taking a 5-minute break after every 25 minutes. This technique is very helpful when you must study for long hours.

Some other productive habits are as follows:

Maintain a balance between all three subjects.

Practice questions every day before sleeping.

Spend more time on your areas of improvement.

Stay hydrated, eat healthily, and exercise daily.

Stay in touch with like-minded people.

Solve questions papers as many as you can

It is crucial to solve previous years' papers because studying just concepts is not enough, as you'd be aware by now after taking one or more attempts. So, try and solve as

many question papers as possible to get well acquainted with the pattern. Solving test papers will enable you to pin down your mistakes and work on them.

Work on your weakness

Since you have attempted the JEE Main exam before, you have a fair idea of what led to your failure. So, direct your focus toward that. Spend some time with those problems and get all the doubts cleared. Do not leave anything for the last minute. Make notes of all the topics/ concepts that you lag in, revise them daily, and be sure to master that. Not to forget that your strong areas should go hand in hand and should not be neglected in the process.

Enroll in a JEE Main program/ Test series

If earlier, you prepared for JEE Main yourself, this time you may want to join a JEE program to be among a lot of your kind and see how they are preparing so that you get a

feel of the competition; and/or join a test series to learn about your potential national rank. Also, attend the test analysis session after each test to identify the loopholes.

Prepare all subject and topics thoroughly & wisely.

Prepare for different subjects, Physics, Chemistry, and Mathematics.

It is advisable to devote equal time to all three subjects. However, more attention needs to be paid to weak topics/chapters.

Physics - Practicing quality problems is the key to success in this subject. With clarity of concepts, the subject becomes interesting. The theory of every topic/concept should be mastered by a thorough study of class XI & XII NCERT books. It is advised not to skip any topic/chapter of any subject.

However important chapters are Kinematics, Gravitation, Fluids, Heat and Thermo-

dynamics, Waves and Sound, Capacitors and Electrostatics, Magnetism, Electromagnetic Induction, Optics, and Modern Physics.

Chemistry - Have a well-designed plan for each day ensuring its perfect execution. Physical, Organic, and Inorganic are equally important with almost the same weightage in JEE Main. Carefully go through the chapters. Besides perfecting theory, practice numerical of Physical Chemistry. Equilibrium, both Ionic and Chemical, have a very important share in the paper. In chapters like Aldehydes, Ketones, and Acid, the focus is on various name reactions and their mechanisms in Organic Chemistry.

In Organic Chemistry - Focus on chapters Chemical Bonding, p-Block Elements, Coordination Chemistry and Qualitative Analysis. Memorize important things. Prepare smartly for the vast syllabus

in Chemistry. Chemistry is very scoring and least time-consuming of the three subjects.

Coordination Compounds is an easy, highly conceptual chapter. This is an important chapter for fetching easy marks.

Heat and Thermodynamics are present in both Physics and Chemistry with differences only in a few rules. So doing one prepares you for both subjects.

Mathematics - Practice, Practice, and Practice is the mantra. Short, flagged notes and questions with twists along with formulae & concepts briefly are very helpful. The general rule for all three subjects is not to skip anything but to spend more time on topics and have more share in papers.

Important chapters are Quadratic Equations & Expressions, Complex Numbers, Probability, Vectors, and Matrices in Algebra; Circle, Pa-

rabola, and Hyperbola in Coordinate Geometry; Functions, Limits Continuity and Differentiability, Application of Derivatives, Definite Integral in Calculus.

Plan revisions at regular intervals specially towards the end, few weeks before examination.

Engage yourself in sports and yoga

Yes. Engage yourself in some sport. This may sound bizarre, but it is how it is. It's a proven fact that students who are involved in sports are likely to be more focused and have more stamina for longer periods of study. Since sports keep the metabolism good, students engaged in them tend to be less fatigued and tired.

Conclusion

Cracking JEE is not as haunting as it may sound but the key to cracking is discipline and consistency. Just stay calm & focused; believe that you can, and you will.

Youth are growth engine of India while India is the growth engine of the world - Union Minister Anurag Singh Thakur

PIB
New Delhi, Dec 4:

Union Information and Broadcasting Minister, Anurag Singh Thakur has called upon the youth to be proactive and innovative, embrace new technology, make strong network, skill, up-skill and re-skill themselves as a growth engine of country as India is the growth engine of the world. He stressed upon holistic learning experience through multidisciplinary approach through New Education Policy (NEP) as education is the backbone for the development of the country and the people and serve their family, country and countrymen alike as bright youngsters are the national

asset.

He said that India is the 3rd Start-up country in the world.

Shri Anurag Singh Thakur was delivering convocation address at Om Sterling Global University, Hisar today as chief guest. He called upon the universities and educational institutions to upgrade the sports infrastructure and the youth to actively participate in Fit India Movement stressing upon 'Fitness Ka Dose, Aadha Ghanta Roz' to be fit and healthy. A Youth conference will also be there as a part of G-20 Presidency of India programmes.

He lauded the efforts of the farmers, sports persons, girls of Haryana for earning

good name in their fields for the state and country.

He congratulated the University and the students who graduated and got degrees today in the first ever convocation of the University. Shri Anurag Singh Thakur said that 750 'Yuva Samvad' are being organised in the country.

During the convocation ceremony, 815 students were awarded degree, diploma; 184 students of 15 undergraduate courses and 426 students of 59 post graduate courses awarded degrees respectively. Apart from this, 178 students of 14 diploma courses awarded diplomas. Gold medals were given to 3 students of different departments and merit certificates given to 8

students for their excellent performance in studies.

Shri Anurag Singh Thakur inaugurated a Community Radio Station 90.0 'Bhavyavani', established at the Department of Journalism and Mass Communication, Om Sterling Global University, Hisar. The station also broadcast the Hon'ble Union Minister's address at the function. Lok Sabha MP from Hisar, Shri Brijendra Singh and Urban Local Bodies Minister of Haryana Dr. Kamal Gupta and other dignitaries also attended the convocation ceremony.

Union Minister also visited Doordarshan Kendra and All India Radio Stations at Hisar and reviewed their functioning.

Contd. from Page 1

Oxygen plants and ICU beds.....

The CM further wished the hospital a bright future and assured all possible assistance.

The Hospital has been empaneled for Pradhan Mantri Jan Arogya Yojana and Manipur Chief Minister-gri Hakshelgi Tengbang

services.

The inaugural function was also attended by Speaker Thokchom Satyabrata Singh, Minister Health & Family Welfare and IPR Dr. Sapam Ranjan Singh, MLA Wangkhei 15-AC

Thangjam Arunkumar, Founder, Medical Director, President and Trustee of Sankaradeva Nethralaya, Guwahati; Dr. Harsha Bhattacharjee and Wangkhei Eye Hospital Director, Dr. Sarangbam Bobby among others.

While Manipur Government Claims....

Earlier on May 3, 2019, the National Green Tribunal issued an order regarding solid waste management and allied issues.

The order of the National Green Tribunal in the matter of Compliance of Municipal Solid Waste Management Rules, 2016 said that there is need to develop an institutional training mechanism involving technical, social and environmental issues for training of officers concerned with enforcement of environment norms and directs CPCB to prepare such a programme.

The compliance report submitted by Manipur Government indicates some of the steps taken for solid waste management, which banning of plastic carry bags made of recycled plastic by Imphal Municipal Corporation and an action plan for rejuvenation and conservation of the Nambol River prepared by the River Rejuvenation Committee (RRC) and submitted to Central Pollution Control Board (CPCB).

On the basis of the compliance report, after discussions with the Chief Secretary, the National Green Tribunal on May 3, 2019 directed:

First, Steps for compliance of Rule 22 and 24 of SWM Rules be now taken within six weeks to the extent not yet taken. Similar steps be taken with regard to Bio-Medical Waste Management Rules and Plastic Waste Management Rules.

Second, At least three major cities and three major towns in the State and at least three villages in every District may be

notified on the website within two weeks from today (May 3, 2019) as model cities/towns/villages which will be made fully compliant within the next six months. Remaining cities, towns and villages of the State may be made fully compliant in respect of environmental norms within one year.

The order of the National Green Tribunal on May 3, 2019 said there is need to develop an institutional training mechanism involving technical, social and environmental issues for training of officers concerned with enforcement of environment norms and directs CPCB to prepare such a programme.

It may be mentioned that the National Green Tribunal in 2017 also had directed the forest department of Manipur Government to close down a children club functioning from inside a reserve forest in the state.

Following the order, the Central Forest Division of Manipur Forest Department had stopped functioning of a children club inside a reserved forest area in the state following directive from National Green Tribunal, Eastern Zone Bench in Kolkata.

Reports available said that Eastern Zone Bench of the National Green Tribunal passed the order on October 31, 2017 following a writ petition filed by Indigenous Perspective, an Imphal based organisation in December 2016.

Accordingly the Divisional Forest Officer L. Joykumar Singh of Central Forest Division of Manipur issued an order on

November 2, 2017.

"It is hereby ordered that Maniwood Children Club at Cheiraoching, Thangmeiband Sinam Leikai inside the Langol Reserve Forest shall not be utilised and all operation shall remain withheld until further order," the Forest Department order said.

The Range Forest Officer, Sadar West Range and the President of Joint Forest Management Committee shall strongly comply with the National Green Tribunal order, it added.

The National Green Tribunal order also asked "to stop all activities in the area in question until clearance is obtained under section of Forest (Conservation) Act 1980 from the Ministry of Environment and Forest."

It may also be mentioned that in Manipur Legislative Assembly in the year 2017, the then Manipur Forest and Environment Minister Thounaojam Shyamkumar responding to a question, had informed the House that a total of 85 encroachers including 53 from Heingang Reserve Forest and 32 from Langol Reserve Forest had been evicted.

Now, with the National Green Tribunal's imposition on Manipur Government to pay Rs 200 crores environmental compensation for improper management of solid and liquid wastes, the concerned departments of State Government should coordinate and immediately start doing proper management of solid and liquid wastes beyond lip service.

Meiyon Society distribute prize for Pre-Metric Merit Test

IT Correspondent
Jiribam, Dec 4:

To encourage the students who are going to appear HSLC Examination-2023, a Pre-Metric merit test was conducted by Meiyon Society, Jiribam on November 27, 2022.

Altogether 177 students of Class-X from the various schools of Jiribam appeared the test while 47 athlete were participated in the 1st Ningtham Lamjen Men's Open.

Today, the prize distribution of 1st Jiri Pre-Metric Merit test and 1st Ningtham Lamjen Men's Open was held at the auditorium of Jiribam Municipal Council, Jiribam.



The programme was graced by Dr. Th. Randhoni Devi, Principal Jiri College; Konjengbam Ratan Singh,

President, Meiyon Society and Lukram Roshan Meetei, Dy. Inspector of School, Zonal Education Office, Jiribam; L.

Ranjit Kumar Singh, President, Jiribam Olympic Association as a Chief Guest, President and Guests of honour respectively.

Sports

Netherlands dominate USA in first knock-out World Cup match; Lionel Messi's Argentina too strong for hard-working Australia

Agency
Doha, Dec 4:

The Netherlands have put three goals past the USA to book a place in the football World Cup quarter-finals in Qatar.

Despite scoring once, the USA posed little challenge to their opponents, who repeatedly outclassed the Stars and Stripes at the Khalifa International Stadium on Saturday. Matt Turner in the USA goal produced some spectacular saves to deny the Dutch a larger scoreline, while his opposite number Andries Noppert was called upon far less frequently.

Although the USA enjoyed long periods of possession in a bright first-half display, all too often a lack of composure in the final third let them down.

Instead, it was the Dutch who calmly bided their time before carving open the USA defence with forensic precision.

USA forward Christian Pulisic squandered a golden chance to put his team 1-0 up

after only three minutes when he found himself in space only to see a scuffed shot saved.

But the Netherlands grew into the game, with Memphis Depay and Daley Blind finding the net after being both assisted by Denzel Dumfries in the 10th and the first minute of first-half added time, respectively.

Cody Gakpo cleared Tim Ream's header off the line early in the second half to keep the Netherlands' advantage safe, but the men in orange wasted chances to put the game to bed.

Second-half substitute Haji Wright cut the US deficit to 2-1 in the 76th minute when Pulisic's cross hit his trailing foot and popped over Noppert and into the net.

But Dumfries restored a two-goal lead for the Netherlands in the 81st minute - this time Blind provided the assist.

Runners-up in 1974, 1978 and 2010, the Oranje extended their unbeaten streak to 19 games and will face next the winner of Saturday's evening clash between Argentina and Australia.

Today	8:30 pm
	France
	Poland
Tomorrow	12:30 am
	England
	Senegal

Another match, Argentina beat Australia 2-1 in the Round of 16 of the football World Cup in Qatar, setting up a quarter-final showdown against the Netherlands.

Lionel Messi, playing in his 1000th game, opened the scoring in the 35th minute, one of few highlights of a lethargic first half at Ahmed bin Ali Stadium on Saturday. It was Messi's ninth World Cup career goal, more than late Argentina legend Diego Maradona's record.

A second goal for Argentina followed just before the hour mark, courtesy of Julian Alvarez, after a notable lapse

by Australia's defence.

The Soccerroos, who played a compact game, scored a 77th-minute consolation goal when Craig Goodwin's shot deflected into the net off Argentina midfielder Enzo Fernandez.

Further efforts in both boxes ramped up the tension in the dying minutes. Amid late pressure from Australia, there was a chance in the final seconds for Garang Kul to send the game to extra time, but his shot was smothered by Argentina goalkeeper Emiliano Martinez.

For Australia's squad of unheralded players, it proved to be a match too far at a World Cup in which the team has exceeded expectations by reaching the knockout stage for the second time. Australia also lost in the last 16 in 2006, to eventual champions Italy.

The dream is still alive for the seven-time world player of the year and the tens of thousands of Argentina fans who dominated the Ahmad Bin Ali Stadium, massively outnumbering the small pockets of green-and-gold Australia supporters, and making it feel like

a match in Buenos Aires or Rosario.

Earlier, the Argentina fans bounced, swayed and twirled their scarves in joyous celebration after Messi gave Argentina the lead. He had sent a pass inside to the edge of the area and kept running, eventually receiving a layoff from Nicolas Otamendi to take one touch and stroke his finish through the long legs of Australia defender Harry Souttar, the tallest outfield player at the World Cup.

And when Alvarez added the second, it looked like Argentina was going to cruise to victory. Messi started putting on a show and one 40m dribble wowed the crowd as he slalomd past three defenders and was tackled just as he was about to shoot.

This was no walkover, though, with Australia mounting a stirring fightback in the final 20 minutes, even putting Souttar up front in stoppage time for his aerial threat.

The widely predicted result sets up a salivating quarter-final match between Argentina and the Netherlands on Friday.

Gold medalist Homeshwori Khaidem felicitated



IT News
Imphal, Dec 4:

Lamdeng.

RK Kaiku (Somenando), KMMAC7C Len. President; Meiraba Ayam, MMA, Chairman; Ph. Umakanta, Chairman Chainaba; Premanda; Sunil; Paojel Chaoba; Kh. Lokendro Singh, R.U.C.O. President and Frank Mangang, Coach of M.M.A. are presented this reception programme as Guest of Honour.

Chief Guest of this Reception programme, S. Rajen Singh said that he should help the players for his constituency in best level like financially and emotionally. He also said that he would be facilitated Gold Medalist Homeshwori Khaidem in his constituency level function.

This Reception programme is organised by 3 Clubs of